a good Purging-Dyet-Drink, and what will do
great service in all Impurities of Blood, which is
apt to break out upon the Surface, and above the
Skin with Scabs and Blotches. In the Spring 'tis
proper for all Persons, who require purging, and
must be dos'd according to the Age and Strength
of the Person. It is best to begin with a little
at first, and increase at Discretion. In the Spring
these purging Courses may be continu'd some
Time; but in the Fall of the Year, where some
have a Notion of the equal Necessity of such
Medicines, they are not so safe, because the Sum-
mer-Heat leaves the Body so dispirited, that Purg-
ing weakens it, and so relaxes the Fibres, as suf-
fers the Fluids to perform preternatural Cohesions,
to ferment, and introduce intermitting, and some-
times ugly malignant Fevers.

XVIII. A Purging Drink for the Spring: Take
Sena-Leaves, 5 Ounces; Polypody of the Oak, 6
Ounces; Monks Rhubarb, and Roots of sharp-pointed
Dock, each 10 Ounces; Gurrans, a pound; Li-
quorice, sweet Fennel-seeds an Ounce and half each;
Raspings of Sassafras 2 Ounces, Red-sage, Agrimony,
Water Cresses, Sea Scurvy-grass, each 2 Handfuls.
Mix for a Bag, to 5 Gallons of Ale. This does
not differ much from the former Drink, only 'tis
milder; but the Doctor thinks the following more
convenient for Children, or young Persons, viz.

XIX. A Purging-Drink for Children: Take fine
Rhubarb, cut in Slices, 2 Drachms; Liquorice, An-
niseed, each 2 Scruples; 30 or 40 Ston'd Raisins of
the Sun. Put them to a Quart of Ale. The Doct-
or says, 'tis not only pleasant for Children to take,
but cleanse the First Passages, which are generally
the Seat of their Disorders, and destroys Worms.

He
He advises, that the Quantity, at first, shou'd be small, and increas'd at Discretion.

XX. A stronger Purging-ale: Take Roots of sharp-pointed Dock, 12 Ounces; Polypodium, 4 Ounces; Horse Radish, 2 Ounces; Leaves of Ground-Ivy, Water-Cresses, Brook-Lime, Scurvy-Grass, each 2 Handfuls; Sassafras, Juniper-Berries, Coriander-seeds, Liquorice, each an Ounce; Raisins of the Sun, half a Pound, and Rhubarb, 2 Ounces: For 4 Gallons. The Author of this says, that those who are scorbutick, cachetick, or abound with Humours, and Flatulencies, may drink a Pint of it, more or less, every Morning, for a Month together, in the Spring.

XXI. A Purging Antimony-ale: Take Roots of sharp-pointed Dock, 8 Ounces; Polypody of the Oak, Elecampane, each 4 Ounces; Yellow and Red Sanders, Juniper Berries, each 2 Ounces; Caraway-seeds, an Ounce; Leaves of Scabious, 8 Handfuls; Liverwort, and Agrimony, 4 Handfuls of each; Sena, 4 Ounces; Rhubarb, half an Ounce; Agarick, an Ounce; Crude Antimony, (grofily bruised, and ty'd up in a Rag) a Pound. Put all into a Bag, with a Pint of the Juice of Fumitory, into a Vessel of 4 Gallons. This is reckon'd more efficacious than the former, in Cutaneous Distempers, and is to be us'd in the same manner.

XXII. A Drink for the Scurvy, by Dr. Salmon: Take 2 Handfuls of Marsh Trefoyl, and let it work in about 2 Gallons of small Ale. Use it for all or most of your common Drink, and it will purge out the obnoxious Humours, that occasion the Distemper, by gentle breathing Sweats.

XXIII. A Drink for Wheezing, prepar'd thus...: Take 5 Pints of fair Water, half a Pint of Honey,